

香港腎臟基金會
HONG KONG KIDNEY FOUNDATION LIMITED

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ANNUAL REPORT 2015

30 June 2015

BOARD OF GOVERNORS

At the Annual General Meeting held on 15 July 2014, Dr. Leong Che Hung, Dr. Li Chun Sang, Ms. Maggie Ng, Ms. Bella Chan, Mr. Charles Chan, Dr. Chau Ka Foon, Dr. Leung Chi Bon, Mr. Ignatius Liu and Dr. Tong Kwok Lung were re-elected to the Board. Dr. Lui Siu-Fai was re-elected as Chairman, Dr. Li Chun-Sang and Ms. Maggie Ng as Vice-Chairpersons, Mr. Norris Yang as Hon. Secretary, and Mr. Bernard Wu was nominated as Hon. Treasurer of Hong Kong Kidney Foundation. The Board expressed sincere thanks to Miss Yvonne Lee for her long service as Hon Treasurer to the Foundation.

CLINICAL SERVICE

(1) HAEMODIALYSIS SERVICE

● In-centre haemodialysis

HKKF operates two haemodialysis centres – Kowloon City (KC) centre and Jockey Club WoChe (WC) centre in Shatin, providing subsidized haemodialysis treatment for patients with end stage kidney failure. Currently, KC centre is operating 6 shifts per week (9 stations) while WC centre is operating 11 shifts (13 stations) per week. Both centres are operating close to full current capacity, providing treatment for up to 27 and 71 patients respectively. During 2014, 16 patients were admitted to the in-centre charity haemodialysis program. A total of 8141 treatment sessions were performed.

Since March 2010, HKKF has supported the Hospital Authority (HA) Haemodialysis Public Private Partnership Program to provide haemodialysis to patients referred by public hospitals. This program is cost-neutral to HKKF as the operation cost will be covered by the payment from HA. HKKF supports this program in the context of supporting HA to expand the provision of haemodialysis treatment for the needy patients in Hong Kong. The service capacity has increased to the maximum of 63 sessions per week after contract renewal in 2013. Currently, 19 patients are on this program. A total of 2433 sessions of haemodialysis treatment were delivered in 2014.



KOWLOON CITY DIALYSIS CENTRE

During 2014, 2758 subsidized haemodialysis sessions were performed at KC centre. Three patients have received treatment for more than 10 years. The average age of the patients was 64.

(This report covers the period from 1 July 2014 to 30 June 2015).



JOCKEY CLUB WOCHE DIALYSIS CENTRE

During 2014, 2950 subsidized haemodialysis sessions were performed at WC centre. Two patients have received treatment for more than 10 years. The average age of the patients was 73.

● Nocturnal haemodialysis at home

Since July 2007, HKKF in conjunction with Hospital Authority, Hong Kong has supported a Nocturnal Haemodialysis program for patients who are able to perform self-care haemodialysis treatment at home. The treatment is performed overnight for 3-4 nights per week. Nocturnal haemodialysis has a better outcome than the conventional twice or thrice weekly haemodialysis treatment. Furthermore, patient can return to normal life during the day time.



HKKF supports each patient with a subsidy of \$3,000 per month, while HA provides the consumables (amounting to around \$6,000 per month) to the patient. Patient has to pay around \$2,000 per month. In view of the demand, in April 2015 HKKF has increased the quota to support up to 60 patients. This will require a subsidy of up around \$2 million per year. Currently 49 patients are supported by HKKF.

● Operation cost and subsidy for the in-centre haemodialysis program

The estimated operation cost for the in-centre haemodialysis treatment is around \$1370 per session. The average fee charged for patients on the subsidised in-centre treatment program has remained much the same over the past few years - around \$1100 per treatment. For 2014, the subsidies provided by HKKF for the in-centre haemodialysis service was around \$270 per treatment, \$28,000 per patient per year, amounted to \$1.5m for the 2 centres.

(2) AUTOMATED PERITONEAL DIALYSIS (APD) PROGRAM

The program was launched in Aug 1997 to assist patients who would benefit from peritoneal dialysis that can be performed overnight at home. It is particularly suitable for patients who are working during the daytime and for patients who require helper to perform the dialysis. The program is supported by donation from individuals and various organisations and also donation of used machines (has raised equivalent of \$33.5M since the launch). These APD machines are for free loaning to patients.



HKKF has purchased 21 new APD machines in the year of 2014. Since the launch of the program, 1009 patients have been supported by HKKF. The number of beneficiaries for the program was 104 for 2014 (120 for 2013). Currently 346 patients are supported by HKKF (334 for 2013). There is a high demand for APD machines to meet the new applications and to replace old machines.

(3) ON-GOING SUPPORTING PROGRAMS FOR EXPENSIVE MEDICATIONS

● Anti-rejection drug - Prograf for new patients with kidney transplant (Prograf V)

In January 2013 HKKF received a donation of \$1,000,000 from Astellas Pharma HK Ltd to support patients with kidney transplantation to receive Prograf. A total of 49 transplant patients have received subsidies from this program.

● Erythropoietin for end stage kidney failure patients

The program was launched in December 2007 with a donation of \$1,000,000 by Roche Pharmaceuticals to support around 150 patients with anaemia due to end stage kidney failure. The program had totally supported 187 patients since inception. Another Erythropoietin subsidy program supported by Kyowa Hakko Kirin (HK) Co., Ltd. was launched in July 2014.

Manpower support for the clinical program and operation

The in-centre haemodialysis services and the overall operation of HKKF are provided by a staff force consists of 12 nursing staff (1 Nursing officer), 5 supporting staff (clerk / amah) and an Administration Manager. The nurse to patient ratio for the in-centre haemodialysis service is 1:3. Two medical doctors (nephrologist), Dr. Ho Chung Ping and Dr. Yung C. U. Jonathan Timothy visit the two haemodialysis centres to supervise the dialysis treatment.

World Kidney Day 2015 “Kidney Health for ALL”

「全民腎康 全城響應」

This annual function was organised by Hong Kong Kidney Foundation, Hong Kong Society of Nephrology, Hospital Authority and Department of Health. The event was held at Kowloonbay International Trade & Exhibition Centre on Sunday 8 March 2015. The officiated guest was Dr. Ko Wing Man, Secretary for Food and Health, HKSAR Food & Health Bureau.

The event was attended by around 800 people, including medical and nursing staff, patients from renal units in Hong Kong, health care professionals and staff from the pharmaceutical companies.



Ms. Jinny NG, a popular artist was appointed as Ambassador of Hong Kong Kidney Foundation



A survey was conducted on awareness of Kidney Disease at 12 housing estates during Jan – Feb 2015 as well as by on-line survey.

Street Drama by Hong Kong Society of Nephrology: Together we protect our kidneys
「齊共作強腎一派」



A flashmob dance to the music “Happy” was performed by 100 dancers (kidney patients, healthcare professionals, staff from pharmaceutical company). A line dance was participated for all the attendees, including all the guests of honor. The attendees enjoyed the singing and dancing



A full page article on the WKD was placed in 10 popular Chinese newspapers. The nephrologists from HKSN attended talks on radio, television and in media interviews to promote kidney health. A short video was produced for broadcasting on buses.

Commissioned Training for medical professionals

HKKF supported the Renal Commissioned Training (2014-15) held on 17 & 18 January 2015 which was organized by Hospital Authority Central Renal Committee, Hong Kong Society of Nephrology, and Hong Kong Kidney Foundation on ‘Infection Control in Renal Dialysis and Transplant Units’,. Three overseas speakers were invited to share their experiences :Prof. David P. Calfee, from Weill Cornell Medical College, USA; Prof. PA Tambyah from National University of Singapore and Dr. Chiu-Ching Huang from China Medical University Hospital, Taiwan were invited to attend the program. Attendance was 265 for 17th and 341 for the 18 Jan 2015 program.

Cooking Competition for Renal Patients

腎友食好D烹飪大賽

Sunday 20 July 2014

A cooking competition was held for the renal patients and family to come up with a good tasty recipe that is suitable for renal patient. The event was held at 稻苗學院禮堂及廚房. The guest of honor was Dr. KO Wing-Man.



Prawn ball with Tangerine
By Dr. KO Wing Man,
Secretary, Health & Food Bureau, HKSAR

This modified Chaozhou dish using fresh prawn and tangerine is a healthy dish, prepared by steaming method. The tangerine sauce is refreshing.

Nutrition tips: Prawn is of low fat, rich in protein, the tangerine provides vitamin and fibre.



Renal Nutrition Workshop

Saturday 16 August 2014

Renal Nutrition Forum I & II

Saturday 16 & Sunday 17 August 2015

The first renal nutrition workshop and forum was jointly organized by HKKF and Hong Kong Society of Nephrology. The purpose was to enhance the knowledge of the renal professionals – doctors, nurses and dietitians on the importance of renal nutrition. The attendance for the workshop / forum was 290.



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| <p>Professor Joel Kopple M.D.</p> <ul style="list-style-type: none"> Professor Emeritus at David Geffen UCLA School of Medicine and UCLA School of Public Health. He is also known as the father of the field of Renal Nutrition Past-President of the US National Kidney Foundation Past-President of the International Society for Renal Nutrition and Metabolism Visiting Professor, Hong Kong Kidney Foundation 2014 <p>Local Speakers: Dr. Lui Shu-Fai, MH, JP Chairman, Hong Kong Kidney Foundation Dr. Samuel Fung Chairman, Hong Kong Society of Nephrology</p> | <p>Professor Alp Kizler M.D., PhD.</p> <ul style="list-style-type: none"> Professor of Renal Medicine, Catherine McLaughlin Hakim Chair in Vascular Biology, Vanderbilt University School of Medicine in Nashville, Tennessee Past President of the International Society of Renal Nutrition and Metabolism <p>Local Speakers: Ms. Wendy Ma Vice-Chairperson, Hong Kong Dietitians Association, HKSAR. Ms. Sandra Lo Cluster Coordinator (Dietetics), NTCC, Hospital Authority, HKSAR. Ms. Cherry Law Dietitian, Pamela Youde Nethersole Eastern Hospital, HK, HKSAR. Ms. Hazel Choi Dietitian, Tuen Mun Hospital, Hospital Authority, HKSAR. Ms. Eve Ho Nurse Consultant (Renal Care), HKCC, Hospital Authority, HKSAR</p> | <p>Dr. Maria Chan BSc(PhD), MSc(Diet), GradDiet(SpSc), AdvDiet</p> <ul style="list-style-type: none"> Clinical Lead - Senior Renal Dietitian, The St. George Hospital, SESHD Conjoint Associate Lecturer - St. George Clinical School, School of Medicine, UNSW Honorary Senior Fellow - Faculty of Science, Medicine and Health, University of Wollongong |
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Organisers
Hong Kong Kidney Foundation Hong Kong Society of Nephrology

Supporting Organisations
International Federation of Kidney Foundations, Fresenius Medical Care, Abbott Nutrition, Sanofi, and others.

Co-Sponsor
International Federation of Kidney Foundations

Key Sponsor
Fresenius Medical Care

Event sponsors
Abbott Nutrition, Sanofi, and others.

HKKF Eugenia Lee Education Scholarship

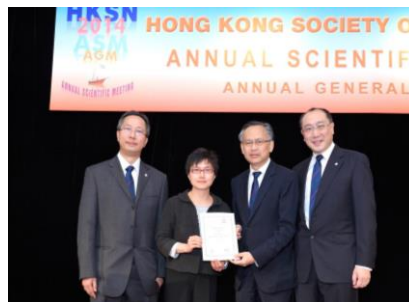
HKKF received a generous donation of \$1,000,000 from Ms. Eugenia Lee to establish a scholarship to facilitate junior renal doctors (trainee and young specialist) to attend overseas training course in nephrology and related topics as well as pre- or post-conference education program / workshop of major international renal meeting. Total of 10 renal doctors have been granted the scholarships for overseas training since the program inception.

Renal Nursing Course

The “Hong Kong Renal Nursing Course” organised by Institute of Advance Nursing, Hospital Authority, Hong Kong Society of Nephrology and HKKF was conducted during the period from 31 October 2014 to 26 June 2015. Total attendance was 45 nurses.

HKKF Renal Research Grant

In conjunction with Hong Kong Society of Nephrology, HKKF awarded a Renal Research Grant of \$60,000 to the top local research project in kidney disease for 2014 to Dr. WANG Yee Moon Angela from Queen Mary Hospital on the topic of Validating a “novel serum calcification propensity test” for vascular / valvular calcification and adverse clinical outcomes prediction in a prospective chronic kidney disease cohort.



「盡透腎中情」 - A Story Book of the Dialysis Patients

The story book of the dialysis patients was officially launched on 8 June 2014 and 3000 copies were distributed to the renal units. Re-print of 8,000 was made in early 2015 for distribution to new renal patients in the coming two years.

OTHER ACTIVITIES

Second Hong Kong Transplant and Dialysis Games

HKKF supported the Second Hong Kong Transplant and Dialysis Games which was held on 8 and 9 November 2014 at Tseung Kwan O Sports Ground. There were total 590 athletes participated in the game, number of athletes increased by 10%, and a large volunteer team of 871 persons. Six new units joined this Game, including HKKF with the achievement of the 4th runner-up in petanque.

HKKF Annual Patients Picnic

A total of 120 patients and their relatives together with doctors and nurses joined HKKF Annual Patients Picnic on 23 November 2014. Itinerary covered Kai Tak Cruise Terminal, Lei Yue Mun, HK 3D Museum and Tao Heung Museum of Food Culture.



FUND RAISING ACTIVITIES

Renal Nutrition Forum

HKKF received an education grant of \$400,000 from Fresenius Medical Care HK Ltd to support the Renal Nutrition Forum in Hong Kong. This forum was also supported by Abbott Laboratories Ltd, Nestle HK Ltd and Sanofi-Aventis HK Ltd.

Flag Day 2014

HKKF was granted permit by Social Welfare Department to hold Flag Day on 24th December 2014 in New Territories region. Gross subscription raised from the event was \$857,266.

Kyowa Hakko Kirin (HK) Co Ltd

In late 2013, HKKF received an unrestricted donation of \$200,000 from Kyowa Hakko Kirin (HK) Co Ltd to support charity program conducted by HKKF in 2014. Two additional sums of \$200,000- each were donated to HKKF in September 2014 and January 2015 to support the same charity program.

Other major donations

Mdm Lo Yuet Ming kindly donated \$168,000 to purchase two new APD machines in support of the APD Free Loan program. Donation of over \$566,000 was also received from general public throughout the year that, together with all above fundraising activities, HKKF acknowledged a total donation receipt close to \$3.7 million in 2014.

Acknowledgement

HKKF acknowledges and thank all the donors and sponsors who have supported the Foundation, in particular the sponsorship for the World Kidney Day activities.

HKKF acknowledges and thank the partners – Hong Kong Society of Nephrology, Hong Kong Association of Renal Nurses, Hospital Authority and Department of Health for co-producing various education and health promotion events.