



World Kidney  
Day

At Hong Kong  
18.3.2008



Hong Kong  
Society Of Nephrology



Hong Kong  
Kidney  
Foundation



醫院管理局  
HOSPITAL  
AUTHORITY

## 3<sup>th</sup> World Kidney Day in Hong Kong 2008



Amazing Kidneys!

[www.worldkidneyday.org](http://www.worldkidneyday.org)





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Amazing Kidneys!

www.worldkidneyday.org



國際一心  
全力護腎

國際腎科學會常委  
李錦滔教授



注重腎臟健康  
你我身心安康

醫院管理局主席  
胡定旭先生



人人參與  
護腎強身

中華人民共和國香港特別行政區  
衛生署署長  
林秉恩醫生



護腎保健  
康樂人生

中華人民共和國香港特別行政區  
食物及衛生局局長  
周一嶽醫生



全球關注  
確保腎康

中華人民共和國香港特別行政區  
行政會議成員  
梁智鴻醫生



齊護腎  
保健康

中華人民共和國香港特別行政區  
立法會主席  
范徐麗泰女士

Kidney disease is a fast growing chronic illness worldwide. **1 out of 10 adults worldwide has some form of kidney damage.** In Hong Kong, about 1000 new patients reach end stage kidney failure every year. With accumulation, there are approximately 7000 patients require either dialysis treatment or have a kidney transplant to sustain life.

**The WORLD KIDNEY DAY** is an initiative of The International Society of Nephrology and International Federation of Kidney Foundation. The purpose is to raise awareness about the importance of our kidneys – an amazing organ that plays a crucial role in keeping us alive and well – and to spread the message that **kidney disease is common, harmful and treatable.**

Hong Kong Society of Nephrology, Hong Kong Kidney Foundation and Hospital Authority, Hong Kong will jointly host **WORLD KIDNEY DAY @ HONG KONG** on Sunday 16 March 2008 cum Renal Patient Fun Day at Kowloon Hospital. The main themes are “**Amazing Kidneys**” and **Are your Kidneys OK?**. A self-risk assessment questionnaire on kidney disease will be launched. We sincerely hope all Hong Kong Citizens will take part in the self-risk assessment, as early detection of kidney disease can initiate early and successful treatment.

We thank all the organizations and pharmaceutical companies who have strongly supported the World Kidney Day @ Hong Kong.



Dr. Lui Siu Fai, MH  
Chairman  
Hong Kong Kidney Foundation



Dr. Andrew Wong,  
Chairman  
Hong Kong Society  
of Nephrology



Dr. Cheung Wai Lun, JP  
Director (CS)  
Hospital Authority  
Hong Kong



# Launching ceremony

Guest of Honor: Dr. York Chow, SBS, JP, Secretary for Food and Health

Special guests:

Mr. Tang King Sing (Commissioner of Policy) and the WKD VIP football team  
Mr. Alan Tam and the All Stars Football team

Organisers:

Hong Kong Kidney Foundation: Dr. C.H.Leong, GBS, JP (President), Dr. Lui Siu Fai, MH (Chairman)

Hong Kong Society of Nephrology: Dr. Andrew Wong (Chairman)

Hospital Authority: Mr. Anthony Wu (Chairman, Hospital Authority), Dr. Cheung Wai Lun, D(CS), HA.





# Healthy Line Dance by 1000 participants (patients, family members, medical and nursing staff)



Promote exercise for renal patients,  
keep fit can prevent complications.







# Football match

All Stars Football team

vs.

WKD VIP Football team





# Penalty Shoot Out Competition

## Between 16 Renal Units in Hong Kong



Winner: Caritas Medical Centre





# Game booths, children corners





# Volunteers

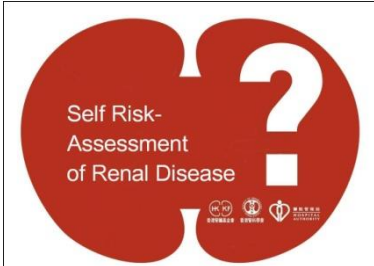

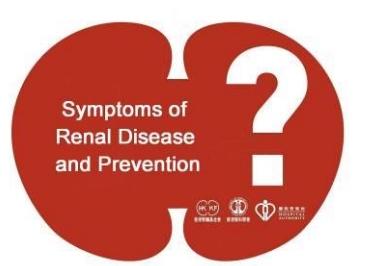
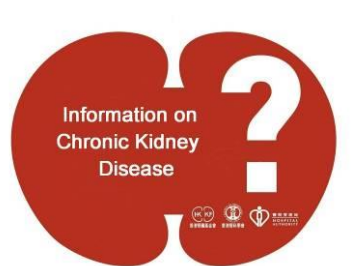




# WKD@HK website

<http://eng.hkkf.org2.hk>

<http://hkkf.hk.org>

<p>Are you kidney OK? Self risk assessment</p>	<p><u>Kidney Quiz</u></p>	<p><u>Symptoms of Kidney disease and prevention</u></p>	<p><u>Chronic kidney failure</u></p>
 <p>Self Risk- Assessment of Renal Disease</p> <p>The graphic features a red kidney silhouette with a large white question mark. At the bottom, there are logos for the Hong Kong Kidney Foundation and other partners.</p>	 <p>Quiz on Kidneys</p> <p>The graphic features a red kidney silhouette with a large white question mark. At the bottom, there are logos for the Hong Kong Kidney Foundation and other partners.</p>	 <p>Symptoms of Renal Disease and Prevention</p> <p>The graphic features a red kidney silhouette with a large white question mark. At the bottom, there are logos for the Hong Kong Kidney Foundation and other partners.</p>	 <p>Information on Chronic Kidney Disease</p> <p>The graphic features a red kidney silhouette with a large white question mark. At the bottom, there are logos for the Hong Kong Kidney Foundation and other partners.</p>



## Self Risk Assessment of Renal Disease and Renal Failure

History of kidney disease in your family. YES NO  
☐ ☐

### Are you suffering from

(i) Diabetes ☐ ☐  
 (ii) Hypertension ☐ ☐  
 (iii) Kidney diseases such as ☐ ☐  
 Recurrent kidney tract infection,  
 kidney stones, kidney inflammation (nephritis)

### Do you have the following symptoms

(i) Blood in urine / tea color urine ☐ ☐  
 (ii) Frothy urine ☐ ☐  
 (iii) Turbid urine ☐ ☐  
 (iv) Pain and frequency when passing urine ☐ ☐  
 (v) Difficulty / slow in passing urine ☐ ☐  
 (vi) Passing gravel or stone with urine ☐ ☐  
 (vii) Passing urine at night (very frequent) ☐ ☐  
 (viii) Loin / back pain ☐ ☐  
 (ix) Swollen ankles or puffy face ☐ ☐

If you have answered "YES" to any of the above questions on risk and symptoms which may be due to kidney disease, you should seek advice from your family doctor.

Are  
your  
kidneys  
OK ☐



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醫院管理局  
HOSPITAL  
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Website : [www.hkkf.org.hk](http://www.hkkf.org.hk)

Hotline : 2716 5773

Self risk assessment questionnaire

Available on Intranet website, published in 6 newspapers  
and for distribution at out-patient clinics, family doctor's clinics



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 科浩集團

# Information on kidney disease & the “Self risk assessment questionnaire”



## **Acknowledgments:**

### **Guest of Honor:**

Dr. York Chow, SBS, JP, Secretary for Food and Health

### **Special Guests:**

Mr. Tang King Sing (Commissioner of Police) and the WKD VIP Football team

Mr. Alan Tam and the All Stars Football team

### **Main Sponsors of WKD@HK 2008**

Astellas Pharma Hong Kong Co., Ltd., Baxter Healthcare Ltd., Fresenius Medical Care, Gambro Hong Kong Ltd., Kirin Pharmaceutical (Asia) Co. Ltd., Novartis Pharmaceuticals (HK) Ltd., Roche Hong Kong Ltd.

### **Sponsors:**

Boehringer Ingelheim (Hong Kong) Ltd., GlaxoSmithKline, Janssen Pharmaceuticals Ltd., Wyeth (HK.) Ltd.

### **Volunteers:**

Pop Art Group Ltd., Correction Services Department (HKSAR), Physiotherapy Department, QEH, St. John's Ambulance.