











7th World Kidney Day in Hong Kong 2012







The World Kidney Day @ Hong Kong held on Sunday 11 March 2012 attended by 800 patients & relatives and healthcare professionals.

The Guest of Honor: **Dr. York Chow** (Secretary for Food & Health, HKSAR Food & Health Bureau, & **Dr. Leung Pak Yin**, Chief Executive, Hospital Authority

Attended by **Dr. CH Leong**, President, Hong Kong Kidney Foundation, **Dr. Richard Yu**, Patron, HKKF, **Dr. Cheung Wai Lun**, Hospital Authority, **Dr. Lui Siu-Fai**, Chairman, Hong Kong Kidney Foundation, **Dr. Leung Chi Bon**, Chairman, Hong Kong Society of Nephrology, **Dr. Cindy Choy**, President, Hong Kong Society of Transplantation, **Dr Philip Li**, Council member, ISN, Board members of Hong Kong Kidney Foundation and Council members Hong Kong Society of Nephrology.







Address by Guest of Honor, **Dr. York Chow** Secretary for Food and Health, HKSAR



Medical staff explaining the findings from a pubic survey

- 40% did not have know the function of the kidneys
- 68% did not know the condition of their own kidneys
- 57% are willing to donate kidney to help a family member
- 53% did not know donating a kidney does not harm one's own health
 - 90% know living related kidney transplantation is very successful



Photo with living related donors



Sister to sister (25 years ago)

Wife to husband (25 years ago)





Sing together

- "One thousand Suns"
- led by Dr. York Chow











腎友攤位遊戲歡樂遊

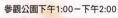
3月11日為世界腎臟日在香港響應活動, 大會假九龍公園廣場舉行開幕儀式外,更 邀請各醫院病友小組主持攤位遊戲,並可 暢遊九龍公園及參觀生命·愛花園。

地點:尖沙咀九龍公園廣場

日期:2012年3月11日(星期日)

時間:上午10時至下午2時 典禮時間上午10:00-上午10:45

攤位遊戲上午11:00-下午1:00





單位查詢,參加攤位設計各單位享有津貼資助,屆時備有簡單小食供應

查詢: 2716 5773 與香港腎臟基金會聯絡。

愛心捐腎 重獲新生





Game booths for patients





A survey was conduct of the general public's understanding of kidney and kidney donation together with free measurement of blood pressure at 12 housing estates on 6 Sundays during Jan - Feb 2011.

1600 people attended for the free blood pressure checkup
Findings of the survey was presented at the opening ceremony of the WKD







Full page article
was placed
in 8 popular newspapers
on 29 March 2012

Approximate number of reader = 2,000,000

Information on kidney disease & the "Self risk assessment questionnaire"









世界腎臟日在香港」由香港腎臟基 「愛心捐贈 重獲新生」,目的是

雷兆輝醫生



主席



推廣腎臟移植對末

徹底的治療,令他



口患腎臟疾病,5%人有腎臟受損。當腎臟功能只 剩下一成,患者已進入末期腎衰竭,而腎臟疾病已

-年,全港有1080位新的末期腎衰竭 病人須進行腎臟替代療法,即是洗腎或腎臟移 植,累積病人計有8167位。末期腎衰竭新症的常 見原因為糖尿病(46%)、腎小球炎(17%)及高血 壓(11.9%),而末期腎衰竭患者每年的死亡率達

舉辦世界腎臟日的目的,是讓大眾意識到腎臟 衰竭病人等候換腎。香港目前有1827 年, 甚至十年, 因此合適的活體腎臟捐贈可以較輪 候遺體捐贈縮短等候時間

多年來,醫院管理局一直發展賢科服務並提供 的治療及更好的復康生活。另外,社會成功推動器 官捐贈將令更多病人不用接受透析治療,從而有理 想的復康生活。





梁智鴻醫生







世 或 **世界共慶病友獲新生國際齊倡捐腎顯大愛** [際齊倡] 計圖世界腎臟日 捐腎



李錦滔教授









The 7th World Kidney Day at Hong Kong was co-hosted by Hong Kong Kidney Foundation, Hong Kong Society of Nephrology, Hong Kong Society of Transplantation and Hospital Authority. The purpose of the world kidney day was to increase the awareness of the harmful effect of kidney disease and related illness. This year, the aim was to promote kidney transplantation as the best treatment option for end stage kidney failure and for full rehabilitation. Kidney transplant can be performed with cadaveric kidney or living-related kidney.

Since kidney transplantation was first performed in Hong Kong, 519 cases have been performed. Currently, 1827 patients are on the waiting list for kidney transplantation. On average, a patient may have to wait for around 5 years to receive a cadaveric kidney transplant, hence living related transplant is an option. The success rate was over 90%. The donors have no harmful effect as a consequence of the donation.

Kidney disease is very common, affecting 10% of the world population, 5% of the world population has kidney damage.

When the kidney function is reduced to 10%, end stage kidney failure is reached. This causes a major burden on the healthcare. Last year 1080 new patients reached end stage renal failure in Hong Kong requiring renal replacement therapy.

With accumulation, 8167 patients are with end stage kidney disease in Hong Kong. The causes of new case of end stage kidney disease were: 46% diabetes, 17% glomerulonephritis, 11.9% hypertension. The mortality rate of end stage kidney failure is around 10.7%.

Over the years, Hospital Authority has continued to expand the service to support patients with end stage kidney failure, including home haemodialysis program, automated peritoneal dialysis program, in partnership with the community and charity organsiation. This has further enhanced the rehabilitation for the patients. Promotion of kidney transplantation will allow more patients to gain a better life.