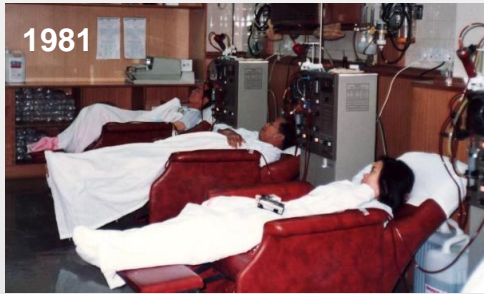


HONG KONG KIDNEY FOUNDATION



1979 – 2020



v200901

HONG KONG KIDNEY FOUNDATION



A non-profit making, voluntary organization,
incorporated on the 10th July 1979.

Founders:

David Todd Chen Sau Lam R.G. Hutcheon

Leong Che Hung Richard Yu Andrew Hua Chan Woon Cheung

HONG KONG KIDNEY FOUNDATION

The Board of Governors

Members are society leaders, medical professionals, patient representatives, representative from related societies and members of the general public at large.

Patrons

Hon. Mrs. Fan Hsu Lai-Tai, GBM GBS JP
Dr. Ko Wing Man, GBS JP
Prof. Richard Yu, SBS

President

Dr. Leong Che Hung, GBM GBS JP

Vice-Presidents

Prof. Fok Tai Fai, SBS JP
(Chinese University of Hong Kong)
Prof. Chan Tak Mao
(University of Hong Kong)

Chairman

Dr. Lui Siu Fai, BSS MH JP

Vice-Chairpersons

Dr. Li Chun Sang
Ms. Maggie Ng

Hon. Treasurer

Mr. Bernard Wu

Hon. Secretary

Mr. Norris Yang

Members

Dr. Tong Kwok Lung JP
Dr. Lui Sing Leung
Dr. Leung Chi Bon
Mr. James Elms
Ms. Yvonne Lee
Ms. Candy Chea
Dr. Chau Ka Foon JP
Ms. Bella Chan
Mr. Charles Chan
Dr. Albert Leung
Dr. Samuel Fung
Ir. Peter Mok

HONG KONG KIDNEY FOUNDATION

Vision

Better Kidney Health for all
and Better care and Quality of life
for people affected by Kidney Disease.

Mission

Promote kidney health
and support people suffering
from Kidney Failure.

Strategies

- (1) Support and provide renal replacement therapy for patient with end-stage kidney failure
- (2) Promote kidney health and awareness of kidney disease
- (3) Promote organ donation
- (4) Promote research into kidney disease and treatment
- (5) Support training for medical and nursing staff.

Programs

1: Clinical support

2: Education programs

3: Visiting Professorship

4: Fellowship and Scholarship

5: Funding for research project

6: Public Awareness & Education

7: Organ donation / COVID-19 Support fund & Program

8: Patient activities

9: Collaborators / Partners / Volunteers

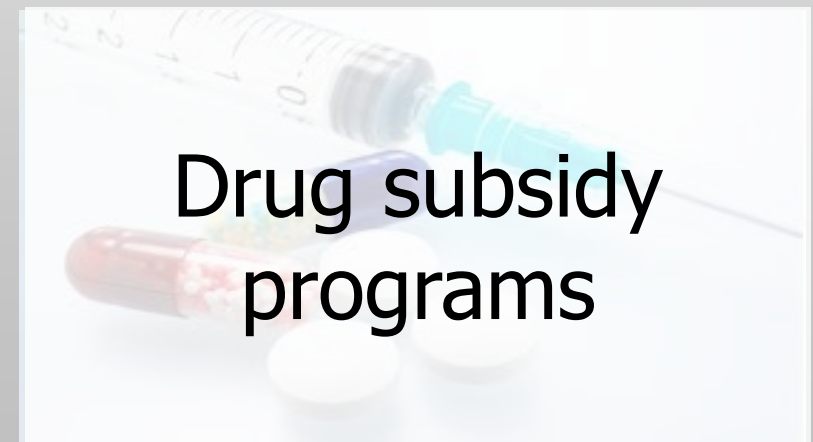
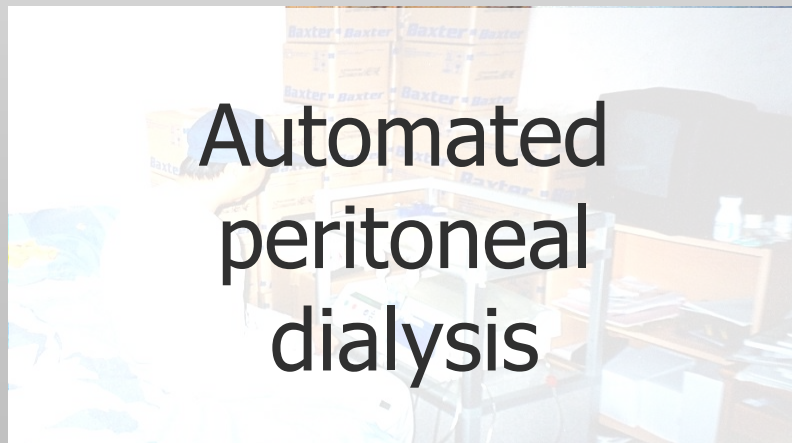
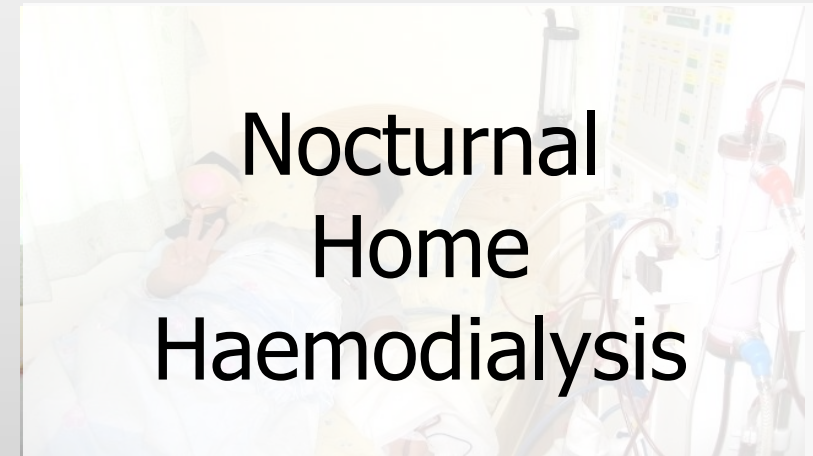
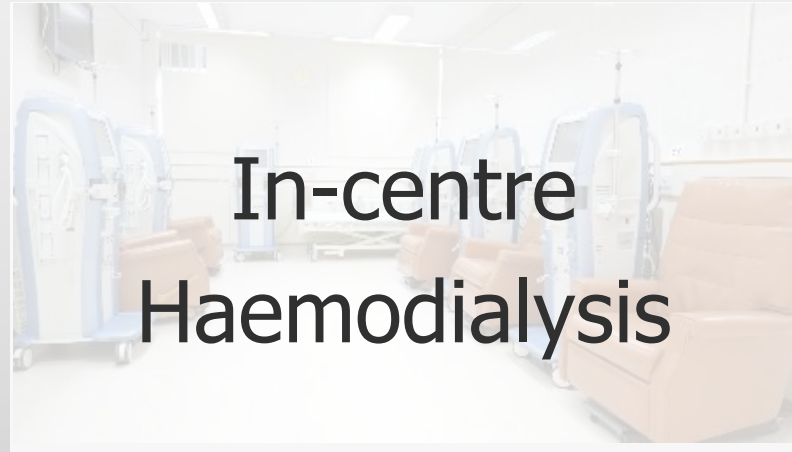
10: Fundraising / Sponsors

HONG KONG KIDNEY FOUNDATION

The initial set up was made possible
by a generous donation by
Sir Ka-shing Li GBM KBE JP

A 2000 square feet venue
to set up a Haemodialysis centre
at Kowloon City in 1981.

Program 1: Clinical support





WoChe Haemodialysis Centre

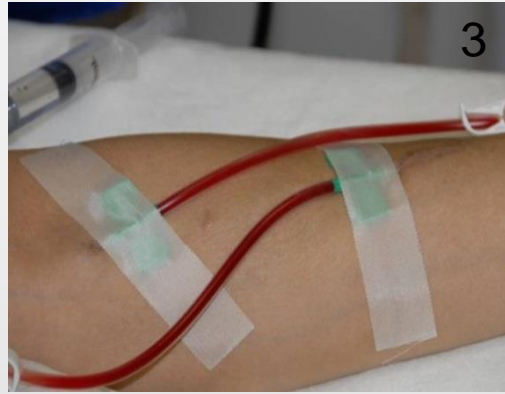
Set up in 1994 with a donation by Hong Kong Jockey Club

The centre has 15 haemodialysis stations
to provide haemodialysis treatment for up to 78 patients.

Kowloon City Haemodialysis Centre

was set up in 1981 with a donation by Mr. Li Ka Shing.

The centre is now closed due to the damage by two typhoons in 2017.
All the patients at the KC centre were transferred to WoChe Haemodialysis centre.



Haemodialysis treatment



Clinical support (1a)

In-center Haemodialysis

Patients with end-stage kidney failure who require haemodialysis treatment are referred by kidney specialists from the Hospital Authority or private sector.

Patient needs 2-3 treatments per week.

With subsidy provided by HKKF, the cost to receive treatment at HKKF is around HK\$1100-1200 (US\$140-150) per session.

Clinical support (1b)

In-center Hospital Authority Share Care Haemodialysis

HKKF supports the “Share Care program”
offered for patients under the care of Hospital Authority.

A public-private partnership program

The purpose is to allow patients
to receive treatment in local community setting.



Clinical support (2)

Nocturnal Home Haemodialysis



A self-care programme
with the treatment
being performed by patient
at home overnight
on 3 to 4 nights per week.

Clinical support (2)

Nocturnal Home Haemodialysis



August 2006

First patient in Hong Kong
to receive nocturnal home haemodialysis.

HKKF provides a monthly subsidy of
HK\$3000 (US\$385) to support the patient.

Hospital Authority provides the consumables.

The cost to the patient is about HK\$3000/ month.

HKKF will support up to 60 patients.

A look back at the haemodialysis service

- Over the past 40 years has provided haemodialysis treatment for **600+ patients**
- Accepting about **20 new patients** every year
 - Currently around **65 patients** are on the in-centre haemodialysis program and **52 patients** on home haemodialysis, Amounting to **7000+ sessions** of haemodialysis treatment every year.

Clinical support (3)

Automated Peritoneal Dialysis (APD)



Free loaning of an APD machine.

APD is a self-care treatment performed by patient at home every night. Before going to bed, the patient connects himself onto the APD machine, the machine will perform the dialysis automatically overnight while the patient is asleep. In the morning, the patient takes himself off from the machine, thus able to maintain a normal life during the daytime.

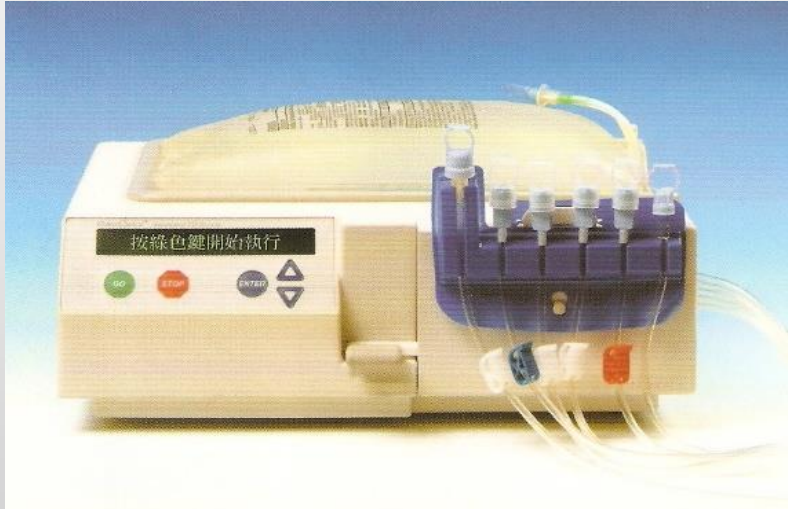
Most patients cannot afford an APD machine at HK\$84,000, (US\$10,700). HKKF will loan an APD machine to a patient free of charge, if he/she meets the criteria (based on financial assessment).

Clinical support (3)

Automated Peritoneal Dialysis (APD)



A look back at the APD program



Since 1997, HKKF has procured
727 APD machines through
donation of cash or machine, equivalent of
HK\$61 millions (US\$2.15 millions)

HKKF has supported **1,715** patients
with free loaning of an APD machine,
on average for 3-4 years, some to 10 years.

Currently, HKKF has **558** APD machines
for free loaning to patients.



A special donation (June 2019)

A donation of HK\$16.8 millions (US\$2.15 millions)
from Hong Kong Jockey Club
to purchase **200** Automated Peritoneal Machines
over the next 3 years.

- 140 as replacement for 10 years old machines
- 60 as new machines.

Home Automated Peritoneal Dialysis machine Co-Funding Co-Use program

家居自動腹膜透析機 共融共用互助計劃

From 1 Jan 2020

- The Co-Funding Co-Use (CFCU) program is for patients electing Automated Peritoneal Dialysis as the preferred modality of dialysis treatment.
- If a patient does not qualify for the free loaning of an APD machine from HKKF, they can elect to join the CFCU program.
- The patient is to contribute HK\$2800 (US\$360) per month to the CFCU Fund, for a maximum duration of 30 months.
After 30 months, he/she can continue to use the machine without further contribution until he/she no longer needs to use the machine.
- On average, a patient may use the machine for 3-4 years, some up to 10 years.

Home Automated Peritoneal Dialysis machine Co-Funding Co-Use program

- On 1 Jan 2020, HKKF launched the CFCU program with the donation of 10 APD machines by a donor and 5 APD machines by Baxter Healthcare Ltd Hong Kong. On 23 April 2020, the Estate of late Cheung Ching Lan donated HK\$4.2 million for HKKF to procure another 50 APD machines for the program.
- The contributions by the patients to the CFCU Fund will enable HKKF to procure APD machines as required on a regular basis, as the contributing of \$2800/month for 30 months will amount to \$84,000 to buy another APD machine for the program. CFCU is a self-sustain program.
- It is projected the initial donation of **HK\$5 millions (US\$641,000)** to procure **60 APD machines** may generate up to **HK\$25 millions (US\$3.2 millions)** for the CUCF Fund, enable the program to expand to a pool of **280+ APD machines**, serving **400+ patients over 6 years**.

Clinical support (4)

Drug subsidize program

Drugs for kidney transplant and renal anaemia

With the support by pharmaceutical companies,
a cumulative donation of HK\$9.4m (US\$1.2m)),
HKKF supports patients to purchase self-paid drugs
cover 50% of the drug cost,
amounting to HK\$6,000 - \$24,000 (US\$770-3,070)
per patient per year

Program 2: Education programme



Commissioned Training
in conjunction with
Hong Kong Society of Nephrology
& Hospital Authority





Program 3: Visiting Professorship



Visit by kidney experts and academic professionals
from China and overseas countries

Program 4: Fellowship and Scholarship



Since 1995, HKKF Fellowship program to support doctors and nurses to receive overseas training.

Since 2013, Eugenia Lee Education Scholarship program to support doctors to attending overseas training & conference.

Program 5: Funding for Research Project



HKKF supports the top research program selected by Hong Kong Society of Nephrology every year.

Program 6: Public Awareness & Education

Hong Kong Kidney Day

First Hong Kong Kidney Day 2001



Second Hong Kong Kidney Day 2004



Exhibition, seminar, health education, and health check

Self Risk Assessment of Renal Disease and Renal Failure

History of kidney disease in your family. YES NO
☐ ☐

Are you suffering from

(i) Diabetes ☐ ☐
 (ii) Hypertension ☐ ☐
 (iii) Kidney diseases such as
 Recurrent kidney tract infection,
 kidney stones, kidney inflammation (nephritis) ☐ ☐

Do you have the following symptoms

(i) Blood in urine / tea color urine ☐ ☐
 (ii) Frothy urine ☐ ☐
 (iii) Turbid urine ☐ ☐
 (iv) Pain and frequency when passing urine ☐ ☐
 (v) Difficulty / slow in passing urine ☐ ☐
 (vi) Passing gravel or stone with urine ☐ ☐
 (vii) Passing urine at night (very frequent) ☐ ☐
 (viii) Loin / back pain ☐ ☐
 (ix) Swollen ankles or puffy face ☐ ☐

If you have answered "YES" to any of the above questions on risk and symptoms which may be due to kidney disease, you should seek advice from your family doctor.

Are your kidneys OK



香港腎臟基金會



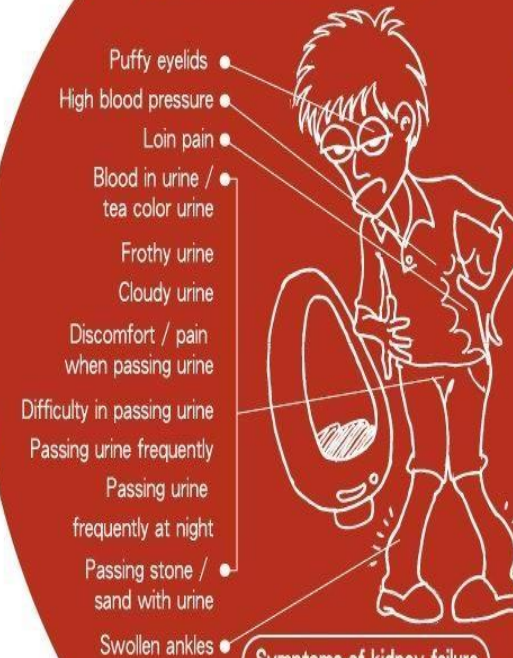
香港腎科學會



醫院管理局
HOSPITAL
AUTHORITY

Website : www.hkKF.org.hk
 Hotline : 2716 5773

Symptoms of kidney disease



Symptoms of kidney failure

- * Poor appetite, nausea, vomiting
- * Tiredness
- * Pale (anaemia)
- * Shortness of breath
- * Drowsiness, coma, convulsion

Kidney disease may be asymptomatic

Prevention of kidney disease

- Adequate water intake (8 cups per day) to maintain good urine volume
- Good personal hygiene, especially female to prevent urinary tract infection
- Balanced diet
Avoid excessive salt and meat intake
- For patient with kidney stone, may need to avoid high intake of calcium
- Prevent complications from diabetes and high blood pressure. Good control of diabetes and blood pressure.
- Patient with kidney stones or urinary tract obstruction (large prostate) should seek early and adequate treatment.
- Be careful about taking drugs including pain killers and antibiotics.
- Early detection of kidney disease by routine examination of urine and blood test for kidney function
- Early treatment of kidney disease

Self risk assessment questionnaire



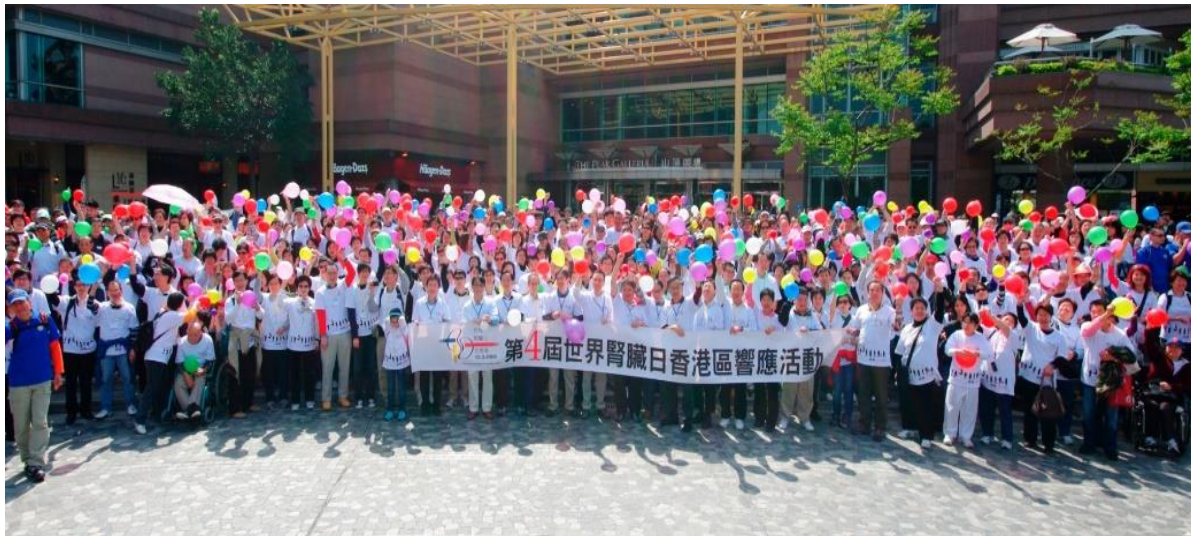
1st World Kidney Day in Hong Kong 2006
Are your kidneys OK?



2nd World Kidney Day in Hong Kong 2007
CKD: Common, Harmful and Treatable



3rd World Kidney Day in Hong Kong 2008
Your Amazing Kidneys!



4th World Kidney Day in Hong Kong 2009
Protect your kidneys: Keep your Pressure down



5th World Kidney Day in Hong Kong 2010
Protect your kidneys: Control Diabetes



6th World Kidney Day in Hong Kong 2011
Protect your kidneys: Save your Heart



7th World Kidney Day in Hong Kong 2012
Your Amazing Kidneys!



8th World Kidney Day in Hong Kong 2013
Kidneys for Life – Stop Kidney Attack!



9th World Kidney Day in Hong Kong 2014
Chronic Kidney Disease (CKD) and Aging



10th World Kidney Day in Hong Kong 2015
Kidney Health for All



11th World Kidney Day in Hong Kong 2016
Kidney Disease & Children – Act Early to Prevent It!



12th World Kidney Day in Hong Kong 2017
Kidney Disease & Obesity
– Healthy Lifestyle for Healthy Kidneys



13th World Kidney Day in Hong Kong 2018
Chronic Kidney Disease (CKD) and Aging



KIDNEY HEALTH FOR EVERYONE EVERYWHERE

14th World Kidney Day @ Hong Kong 2019



全港腎友食好D烹飪大賽

洗腎病人雖然要戒口，但菜餚仍有很多選擇，為發揮病友的廚藝，並設計適合病人的食譜，香港腎臟基金會與香港腎科學會舉辦「全港腎友食好D烹飪大賽」，讓腎友一展所長，亦讓腎友食好D。

參加辦法
詳情見參加表格
初賽日期
1.6.2014至21.6.2014
決賽日期
20.7.2014 (星期日)
決賽時間
下午2時至4時半
地點
稻苗學院禮堂及廚房
(沙田火炭坳背灣街13號)
評判
腎科醫生、營養師、鍾偉平先生、烹飪專家
節目
參觀稻苗飲食文化博物館、茶點招待

主辦 香港腎臟基金會 | 鳴謝 稻香集團

查詢 2716 5773



2014 “Eat better” – Cooking Competition for patients with kidney disease



2014 Book launch – sharing of stories by patients with kidney disease

Program 7a: Promote Organ donation



HKKF - Convenor of the Hong Kong Organ Donation Action Group 2016



傳承大愛行動

支持器官捐贈

一點燭光

永恒之光 希望之光



由成功接受器官移植病人、待移植病人
醫護人員及藝人聯手參與的

互動迷你
音樂歌舞匯演

表演嘉賓



黎瑞恩



蔡立兒



麥家瑜

重獲新生有賴您
捐贈器官愛心傳

日期
2017年4月23日(星期日)
時間
下午2時30分至5時30分
地點
旺角麥花臣場館

活動主禮嘉賓:

食物及衛生局局長
高永文醫生, BBS, JP
衛生署署長
陳漢儀醫生, JP

主辦單位:
香港器官捐贈行動組

白金贊助:
博愛醫院董事會、博愛醫院永倫顧問及
博愛醫院慈善發展委員會

鑽石贊助:
四和中華總會聯合會

金贊助:
香港人壽保險業協會基金

銀贊助:
香港特約護士學會
香港護士學會
香港護士協會

銅贊助:
香港特約護士學會
香港護士學會
香港護士協會



Endless Love - Healing Act

大愛恩人

大愛的精神、永恆的奉獻、末期器官衰竭病人的恩人

Effective from 1 July 2017, The Board of The Management of The Chinese Permanent Cemeteries in conjunction with Hong Kong Kidney Foundation to honour deceased organ donors with a memorial plaque at the Memorial Garden at Tseung Kwan O Chinese Permanent Cemetery.



華人永遠墳場管理委員會
與香港腎臟基金會合辦
遺體器官捐贈者
撒放骨灰及紀念牌匾計劃



大愛的精神
永恆的奉獻
末期器官衰竭病人的恩人



「大愛恩人」

為推廣簡約及環保的安葬方式，以及宣揚正面的遺體器官捐贈，華人永遠墳場管理委員會（華永會）與香港腎臟基金會合作，於2017年7月1日推出遺體器官捐贈者「大愛恩人」計劃。華永會於將軍澳華人永遠墳場內的將軍澳紀念花園B3區設立「大愛恩人」撒放骨灰區及紀念牆壁。紀念牆上可以豎立360塊牌匾，用作紀念遺體器官捐贈者。遺體器官捐贈者親屬可選擇將捐贈者的骨灰撒放於紀念花園，並由香港腎臟基金會為「大愛恩人」豎立個人紀念牌匾，表揚他們為末期器官衰竭患者和社會作出的貢獻。每年春秋期間會在現場舉行紀念儀式。

計劃旨在向遺體器官捐贈者致以崇高的敬意，在辭世後捐出器官，成為「大愛恩人」，讓末期器官衰竭等待移植的患者有新的生命。

重獲新生有賴你
捐贈器官愛心傳

縱使離開 燃點生命與希望

無言之恩
愛將永存



「大愛恩人」政策·程序

參與「大愛恩人」的條件

如果符合「大愛恩人」定義條件，遺體器官捐贈者的親屬可選擇參與計劃。

條件：

- (1) 遺體器官捐贈者必須為在香港永久居住並有華人血統的人或其配偶或其子女（根據華人永遠墳場條例）。
- (2) 親屬同意並簽署了遺體器官捐贈協議書。
- (3) 親屬同意在將軍澳華人永遠墳場內的將軍澳紀念花園撒放捐贈者的骨灰。

*器官包括心臟、肺、肝和腎
（全部或任何器官）

「大愛恩人」是由香港器官移植行動小組提出，並由香港腎臟基金會執行。

參與「大愛恩人」的程序

捐贈者去世後，家人可直接聯絡香港腎臟基金會（在工作日工作時間致電2716 5773）。

香港腎臟基金會的工作人員與醫院確認捐贈人是遺體器官捐贈者後，將會安排接見家人。

- (1) 取得為捐贈者準備紀念牌匾的資料（家屬也可以選擇按標準作自行設定紀念牌匾）。
- (2) 發出確認函請家人與華永會辦公室預約撒灰及安置紀念牌匾的日期。

紀念花園的視頻



<http://bit.ly/HKKF1707>



查詢電話：

2716 5773

信息網站：

www.hkkf.org.hk

Kidney Transplantation in Hong Kong – 50 years. The past and the Future



On 15 December 2019, a press conference was jointly organized by Hong Kong Kidney Foundation, Hong Kong Society of Nephrology, Hong Kong Urological Association, Hong Kong Society of Transplantation and The Hong Kong Society for Histocompatibility and Immunogenetics.

A celebration of the achievement of kidney transplantation in Hong Kong and to promote organ donation. The press conference received extensive coverage on the media.



The speakers were:

Dr. CH Leong (President of HKKF) who performed the first kidney transplant in Hong Kong

Dr SF Lui, Chairman of HKKF

Dr. Yung Chung Yu, Hong Kong Society of Nephrology

Dr. Eddie Chan, Hong Kong Urological Association

Dr. KM Chow, Hong Kong Society of Transplantation and

Dr. Janette Kwok, Hong Kong Society for Histocompatibility and Immunogenetics.

Program 7b: COVID-19 Hong Kong Kidney Patient Support Fund and Program

7 March 2020

Hong Kong Kidney Foundation, Hong Kong Society of Nephrology & Hong Kong Association of Renal Nurses set up the COVID-19 Hong Kong Kidney Patient Support Fund and Program to support patients facing difficult and financial burden to obtain surgical masks.

HK\$1,000,000 was raised with the strong support from our partners / and pharmaceutical companies, enable the project to purchase **300,000 surgical masks**, to provide each of the **11,000 patients on renal replacement therapy** under Hospital Authority and at charitable centres with **25 surgical masks**.

捐贈機構:

百特醫療用品有限公司、
費森尤斯醫藥香港有限公司
瑞士諾華製藥(香港)有限公司
費森尤斯卡比香港有限公司、
香港安斯泰來製藥有限公司、
阿斯利康香港有限公司、
德國寶靈家股格翰(香港)有限公司、
協和麒麟香港有限公司、
羅氏大藥廠香港有限公司、
香港大塚製藥有限公司、
諾和諾德香港有限公司、Lapton E&M Ltd。



Together we fight COVID-19 醫患同心 疫境同行



8 August 2020 2.00-3.30 pm

Online Forum – Sharing, discussion and mutual support, attended by 108 patients and healthcare professionals

Organisers: Hong Kong Kidney Foundation, Hong Kong Society of Nephrology
Hong Kong Association of Renal Nurses, Alliance of Renal Patient Mutual Help Association

Program 8: Patient activities



Program 9: Partners & Volunteers



Hong Kong Urological Association
Hong Kong Paediatric Nephrology Society
Hong Kong Association of Renal Nurses

Hong Kong Organ Donation Action Group



Program sponsors

Baxter Healthcare Ltd
Astellas Pharma HK Co Ltd
Kyowa Hakko Kirin (HK) Co Ltd
Roche HK Ltd
AbbVie Ltd

All sponsors of World Kidney Day @Hong Kong

Program 9: Partners & Volunteers



HKKF has only
1 full time staff
(Executive officer)
for non-clinical
related work.



HKKF is supported
by volunteers
- Board members,
individuals and
volunteer groups



HKKF is a members of International Federation of Kidney Foundation – World Kidney Alliance

Dr. Lui Siu Fai – Council Member, Hon Executive Director and President-Elect of IFKF
World Kidney Day Steering Committee, Co-Program Director

Program 10: Fund Raising



Each year, HKKF has to raise **HK\$5 million +** every year to subsidise the basic charity programs.

第1848號 Circular 1848

妙手弦歌展腎康慈善音樂會

香港醫學會合唱團 THE HONG KONG MEDICAL ASSOCIATION CHOR

香港醫學會管弦樂團 THE HONG KONG MEDICAL ASSOCIATION ORCHESTRA

Charity Concert for the Hong Kong Kidney Foundation

聯誼、腎友同歡
Joint singing performance by patients and renal healthcare staff

日期 二零一二年七月廿二日 (星期日)
DATE 22 JULY 2012 (SUNDAY)
時間 晚上八時正
TIME 8:00 PM
地點 大學會堂
VENUE ACADEMIC COMMUNITY HALL

主辦單位
Organized by

協辦單位
In collaboration with

受助機構
Beneficiary

腎友聯誼會
The Hong Kong Medical Association
Chor & Orchestra

香港醫學會
The Hong Kong Medical Association

腎友聯誼會
The Hong Kong Medical Association

大學會堂
Academic Community Hall



主理：香港腎康基金會

品好茶 做好事

普洱茶餅義賣助腎友

Pu-erh Tea Cakes charity sale for renal patients

邀請
INVITATION

善福迎春

余宇康教授慈善攝影展
BLOOM II
Professor Richard Yu's Charity Photo Exhibition
27 Jan - 2 Feb 2012





HKKF acknowledges the kind donation and support from individuals, charity foundations, companies and corporate organisations.





香港腎臟基金會40周年慈善晚宴

—— 關愛腎患同行四十載 ——

全心服務腎病患
維護腎康展未來

Hong Kong Kidney Foundation 40th Anniversary Charity Dinner
Concern and Care for patients with kidney disease, together for 40 years



Future plan

(1) Promotion kidney health

Prevention of kidney disease (Diabetes, Hypertension)
via website, social media, public lecture and
identify at risk individuals (with health check), find the “hiddeners*” .

* 50% of those with diabetes, hypertension do not know they have the illness

(2) Better care for Patient with Renal Disease and Failure

Up-to-date treatment of Renal Disease
Prevention (primary, secondary & tertiary prevention)
Renal replacement therapy and rehabilitation
Automated peritoneal dialysis at home (overnight)
Nocturnal Home Haemodialysis (overnight)

Promote organ donation

Promotion via Hong Kong Organ Donation Action Group
Endless Love - Healing Act 大愛恩人 program.

Appeal for support / donation

HKKF needs to raise **HK\$5,000,000 (US\$640,000)** each year to support all the subsidized services and charitable programs.

You are cordially invited to support the following programs:

(1) The subsidized haemodialysis programs

- (a) A Home haemodialysis patient @ HK\$36,000 (US\$4610)* (for 150 treatments/year)
- (b) An in-center haemodialysis patient @ HK\$25,000 (US\$3200)* (for 150 treatments/year)

(2) An Automated Peritoneal Dialysis machine for free loaning to patient

@ HK\$84,000 (US\$10,700)

[Each machine can be used by a patient every night for 10 years]

(*or part of)