

香港腎臟基金會
HONG KONG KIDNEY FOUNDATION LIMITED

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香港腎臟基金會
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Web site: <http://www.hkkf.org.hk>
E-mail: kidneys@hkkf.org.hk

Jockey Club Dialysis Centre
G/F, 123-130 Tak Wo House
Wo Che Estate, Shatin, NT., Hong Kong
Tel: (852) 2684 1202, 2693 4826
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沙田賽馬會洗腎中心
沙田禾輦邨德和樓 123-130 室

ANNUAL REPORT 2021

1 July 2020 - 30 June 2021

BOARD OF GOVERNORS

At the Annual General Meeting held on 20 July 2020, Dr. Leong Che Hung, Dr. Li Chun Sang, Dr. Chau Ka Foon, Dr. Tong Kwok Lung, Ms. Maggie Ng Miu Man, Ms. Bella Chan Yee Mei, Dr. Leung Chi Bon, Mr. Charles Chan Wai Dune, Dr. Albert Leung Shiu Ki, and Mr. Bernard Wu Tak Lung were re-elected to the Board.

Dr. Lui Siu-Fai was re-elected as Chairman, Dr. Li Chun-Sang and Ms. Maggie Ng Miu Man as Vice-Chairpersons, Mr. Norris Yang as Hon. Secretary and Mr. Bernard Wu as Hon. Treasurer of Hong Kong Kidney Foundation.

CLINICAL SERVICE

(1) HAEMODIALYSIS SERVICE

- **In-centre haemodialysis**

WoChe (WC) Centre provides haemodialysis treatment for patients with end-stage kidney failure. The centre with 14 stations operating 12 half-day shifts per week can provide treatment for up to 67 patients. As of 30 June 2021, 53 patients were receiving treatment at the centre, of which 34 were patients of HKKF receiving subsidised treatment (4173 sessions) and 19 were patients of the Hospital Authority's Public-Private Partnership program (2607 sessions). The overall utilisation rate was 81%, as the number of patients was reduced to avoid overcrowding at the centre. Other infection control measures for COVID were introduced, including installing air-purifiers with HEPA-filter and regular testing of patients and staff with a rapid COVID-19 antigen test kit to reduce the risks.



Since March 2010, HKKF has supported the Hospital Authority Haemodialysis Public-Private Partnership Program (PPP) to provide haemodialysis for patients referred and funded by HA. The PPP program expanded the provision of haemodialysis for Hong Kong via the public sector. Currently, HKKF is committed to providing 63 treatment sessions per week for 19 patients.

For 2020, 6,780 sessions of haemodialysis treatment were provided. The operation cost was HK\$1,673 per session. The patients on HKKF subsidised haemodialysis program paid between HK\$1100-1500 per session.

For 2020, the subsidy for HKKF patients was HK\$520 per session, amounting to HK\$67,000 per patient per year. HKKF subsidised the in-centre haemodialysis service by HK\$2 million each year.

HKKF received \$805,908 under HKSAR Anti-Epidemic Fund-Employment Support Scheme



Dr. Lui Siu Fai and Dr. Li Chun Sang with the nursing staff.

● Nocturnal home haemodialysis (NHHD)



Since 2007, HKKF has supported the NHHD program by Hospital Authority for the patient to perform self-care haemodialysis at home overnight on 3-4 nights per week.

The clinical outcome and rehabilitation is better than the conventional twice or thrice weekly haemodialysis, with better blood pressure control, anaemia and kidney function blood test results.

HKKF provides each patient with a subsidy of HK\$3,000 per month. Hospital Authority provides the consumables for the patient. The patient has to contribute around HK\$2000 per month. HKKF will support up to 60 patients. Currently, 51 patients are supported by HKKF, requiring a subsidy amounting to HK\$2 million per year.

HKKF is most grateful for the generous donation of HK\$2 million from Li Ka Shing Foundation to support the program for 2021 and HK\$2 million for 2022.

(2) AUTOMATED PERITONEAL DIALYSIS

The Automated Peritoneal Dialysis (APD) program was launched in 1997 to assist patients who would benefit from peritoneal dialysis that can be performed overnight at home by the patient, with or without a helper every night. This mode of dialysis is suitable for patients working during the daytime and for patients who require a helper to perform the dialysis for them overnight (with the helper working during the day).



HKKF provides free loaning of an APD machine for a patient to use at home overnight. Since the program's launch in 1997, HKKF has procured 831 APD machines (the equivalent of HK\$70 million) via the donation of funds or machines.

The program is supported by generous donations from individuals, organisations and philanthropies. Sixty-four APD machines were procured in 2020.

Currently, HKKF has 617 machines on free loan to patients. Since the launch, HKKF has supported 1,890 patients, on average each patient for three to four years, some up to ten years. There were 175 new patients in 2020.

The donation of HK\$16.8 million by the Hong Kong Jockey Club in June 2019 to purchase 200 APD machines over three years (for replacement and new APD machine) has substantially reduced the burden on HKKF to replace APD machines in service for over ten years.

Home Automated Peritoneal Dialysis machine Co-Fund Co-Use program (CFCU)

家居自動腹膜透析機 共融共用互助計劃

HKKF launched the CFCU program on 1 Jan 2020 with the donation of 10 APD machines (HK\$840,000) by a donor and 5 APD machines by Baxter Healthcare Ltd. On 23 April 2020, the Estate of late Cheung Ching Lan donated HK\$4.2 million for HKKF to procure another 50 APD machines for the program.

The CFCU program is for patients electing Automated Peritoneal Dialysis as the preferred modality of dialysis treatment. If a patient does not qualify for the free loaning of an APD machine from HKKF, they can elect to join the CFCU program. The patient is to contribute HK\$2800 per month to the CFCU Fund, for a maximum duration of 30 months. After 30 months, the patient can continue to use the machine without further contribution till no longer need to use the machine. On average, a

patient may use the machine for 3-4 years, some for up to 10 years. The machine is the property of HKKF and is re-circulated for use by patients for up to 10 years.

The contribution by the patients to the CFCU Fund generates substantial funds for HKKF to procure more APD machines. The contribution of \$2800/month for 30 months will amount to HK\$84,000, allowing HKKF to buy another APD machine for the program. CFCU is a self-sustain program. Over a period of six years, the initial donation of HK\$5 million to procure 60 APD machines may generate up to HK\$25million for the CFCU Fund, enable HKKF to procure a pool of 280+ APD machines, serving 400+ patients. As of 30 June 2021, 52 patients have joined the program and have contributed HK\$1 million to the CFCU fund.

(3) SUPPORTING PROGRAMS FOR EXPENSIVE MEDICATIONS

- **Anti-rejection drugs for kidney transplantation - Prograf VI charity program**

Astellas Pharma Hong Kong Company Limited has donated a total of HK\$7.88 million (in accumulation since 2006 for the Prograf I-VI programs) to HKKF to support patients requiring Prograf for kidney transplantation. HKKF provides a subsidy of 50% of the cost of the drug to the patient. The program has supported a total of 322 patients. As of 30 June 2021, 23 patients were on Prograf VI program.

- **Erythropoietin for end-stage kidney failure patients (NESP)**

Kyowa Kirin Hong Kong Company Limited has donated a total of HK\$2 million (in accumulation since 2013) to HKKF to support patients with anaemia due to end-stage kidney failure. As of 30 June 2021, 483 patients were supported (for 50% of the cost of the drugs).

EDUCATION ACTIVITIES

Central Commissioned Training Program 19-20 Jan 2019

The program was suspended for 2021 because of COVID-19.

HKKF Fellowship

Since 1995, HKKF has awarded Fellowship funds for 27 renal healthcare professionals (doctors or nurses) to receive overseas training.

HKKF Eugenia Lee Education Scholarship

HKKF received a donation of HK\$1,000,000 from Ms Eugenia Lee in 2013 to establish a scholarship for healthcare professionals to attend overseas courses in nephrology. Due to COVID-19, HKKF supported online programs. A total of 22 doctors have been granted scholarships since the program inception.

Hong Kong Renal Nursing Course

HKKF supported the course organised by HA Institute of Advance Nursing, which was commenced on 26 March 2021, through Zoom teaching for 56 attendees from the Hospital Authority.

In conjunction with the Hong Kong Society of Nephrology, HKKF awarded a Renal Research Grant of HK\$60,000 to the top local research project by Ms. Zou Yixin on The Role of Forehead box P protein 2 in regulating the expression of PAI-I in renal fibrosis.



FREE OF CHARGE!

LIVE WEBINAR

Webinar Must be conducted in Cantonese
LANGUAGE: English

Better Care for Patients with Diabetes and Kidney Disease

27 Feb 2021 (Sat) 14:30 – 16:10
Webinar II

Better Care for Patients with Diabetes and Kidney Disease (II)
Guidelines on DM & Chronic Kidney Disease – Implication, Application and Action

Moderators: Dr. Samuel KS FUNG and Dr. Yuk Lun CHENG

Diabetes kidney disease – early detection, early treatment

Prof. Ronald CW MA
Professor, Department of Medicine & Therapeutics, The Chinese University of Hong Kong

Asian Pacific Society of Nephrology guideline on diabetic kidney disease
Prof. Shih-Hong TONG
Chief of renal Medicine and the Professor in Nephrology, The University of Hong Kong

Panel discussion and Q&A

13 Mar 2021 (Sat) 14:30 – 16:05
Webinar III

Better Care for Patients with Diabetes and Kidney Disease (III)
Haemodialysis – the Role of Nurses and Dietitians

Moderators: Dr. Matthew KL TONG and Dr. Chan Yu YUNG

Read map on diabetes care: from risk assessment to empowerment

Ms. Veronica SS HUNG
Nurse Consultant (Diabetes), West Kowloon Hospital

Nursing management in diabetic patients on renal replacement therapy

Ms. Eva HS HO
Nurse Consultant (Renal Care), Department of Medicine, Hong Kong East Cluster

Improving diabetic control and kidney protection: what you need to know from dietitians' perspective

Ms. Cherry PY LAM
Hong Kong Dietetic Association

Panel discussion and Q&A

免費

網絡研討會

積極面對糖尿病及腎病 分享讓你活得更精彩的方法

2021年4月10日(星期六) | 14:30 – 16:10
主題：積極面對糖尿病及腎病，分享讓你活得更精彩的方法

主持人：雷兆輝醫生、董偉光醫生及伍妙敏女士

14:30 – 14:35 開幕致辭

14:35 – 14:50 如何更好管理糖尿病腎病變

14:50 – 15:05 克服糖尿病和腎臟替代療法，如何生活得更好

15:05 – 15:15 我該如何應對糖尿病和腎病變？

15:15 – 15:25 我如何幫助自己？

15:25 – 15:35 積極面對，由裝備自己到復康康復人生

15:35 – 16:05 問答與討論

16:05 – 16:10 閉幕致辭

周啟明醫生
香港腎科學會名譽司庫

葉懷銘醫生
香港腎科學會會董

黃育斌先生
腎友聯代表

伍妙敏女士
香港腎臟基金會副主席

雷兆輝醫生, BSS, MH, JP
香港腎臟基金會主席

27 Mar 2021 (Sat) 14:30 – 16:10
Webinar IV

Better Care for Patients with Diabetes and Kidney Disease (IV)
Collaboration and Partnership between Diabetic and Kidney Specialists with Primary Care Physicians

Moderators: Dr. Mei Tin FUNG, Dr. Sing Lung LUI & Dr. Desmond YH YAP

Diabetes mellitus – who to screen and what to monitor for renal complication
Dr. Yoon YC AU-YEUNG
Specialist in Endocrinology, Diabetes and Metabolism

Challenges in management of diabetes mellitus and diabetic kidney disease in primary care setting

Dr. Yeh Chu Li
Guest Member, Hong Kong College of Family Physicians

Optimize the use of anti-diabetic drugs

Dr. Suet Ming CHAU
Associate Consultant, Department of Medicine & Geriatrics, Princess Margaret Hospital

Staging of diabetic kidney disease and the clinical action plan

Dr. Sunny SH WONG
Guest Member, Hong Kong Society of Nephrology

Panel discussion and Q&A

10 Apr 2021 (Sat) 14:30 – 16:10
Webinar V

Better Care for Patients with Diabetes and Kidney Disease (V)
Empowerment – What Patient/Family Members Need to Know

Moderators: Dr. Sui Fai LUI, Dr. Mario WK CHAK & Ms. Maggie NG

Living well with diabetic kidney disease

Dr. Kai Ming CHOW
Nursary Research, Hong Kong Society of Nephrology

Living well with diabetes and renal replacement therapies

Dr. Terence TS IP
Guest Member, Hong Kong Society of Nephrology

How did I cope with diabetes and kidney failure?

Mr. Ken WONG
Member, Alliance for Special Needs (Adult Help Association)

How did I help myself?

Ms. Maggie MM NG
Nurse Consultant, Hong Kong kidney center

Be engaged, be empowered

Dr. Sui Fai LUI, BSS, MH, JP
Chairperson, Hong Kong Kidney Foundation

Q&A and discussion

Joining by video

Collaborating partners

主辦單位:

合作夥伴:

Registration: <http://bit.ly/GrWSeed>

CME/CNE/CPD accreditation are in application

Enquiries: Mr. Gloria Cheung
The Federation of Medical Societies of Hong Kong

Zoom / 香港腎臟基金會 Facebook 直播

<https://www.facebook.com/hkpf1979> <http://bit.ly/GrWSeed>

查詢：張小姐
香港腎科急症熱線
電話：(852) 2527 6888 傳真：(852) 2865 0345
電郵：conia.cheung@hmkp.org

Hong Kong Society of Nephrology, Hong Kong Kidney Foundation and The Federation of Medical Societies of Hong Kong have jointly organized 4 live webinars on 'Better Care for Patients with Diabetes and Kidney Disease' from Feb to April 2021.

Webinar I: 27 Feb 2021

For nephrologists, endocrinologists, nurses, dietitians (Registration: 579)

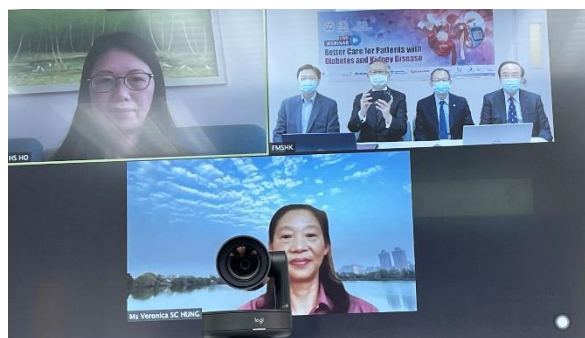
Better Care of Patients with Diabetes and Kidney Disease: **Guidelines on DM & Chronic Kidney Disease – Implication, Application and a Call for Action**



Webinar II: 13 Mar 2021

For nephrologists, endocrinologists, nurses, allied health (Registration: 569)

Better Care of Patients with Diabetes and Kidney Disease: **Teamwork - the role of diabetic nurses and dietitians.**



Webinar III : 27 March 2021

For nephrologists, endocrinologists with Primary Care (Registration: 6499)

Better Care of Patients with Diabetes and Kidney Disease: **A partnership between diabetic and kidney specialists with Primary Care Physicians**



Webinar IV : 19 April 2020 – Healthcare professionals with patient groups (Registration: 635)

Better Care of Patients with Diabetes and Kidney Disease: **What Patient/Family Members Need to Know**



The collaborating partners were Hong Kong College of Family Physicians, Hong Kong Society of Endocrinology, Metabolism and Reproduction (Diabetes Division), Diabetes Hongkong, Hong Kong Dietitians Association, Hong Kong Association of Renal Nurses, Association of Hong Kong Diabetes Nurses and Alliance for Renal Patients Mutual Help Association.

In these webinars, the diabetologists, nephrologists, primary care physician, diabetic nurse specialist, renal nurse specialist and dietitian shared the recent guidelines, expert advice and challenges in managing renal disease in diabetes. The last webinar was also open to the public, and diabetic patients were invited to talk on self-management. It connected the healthcare professionals and patients together to combat DM and DKD.

PUBLIC PROMOTION ACTIVITIES

World Kidney Day 2021 at Hong Kong

"Living well with Kidney Disease - 積極面對腎病 復康豐盛人生".

Hong Kong Kidney Foundation, Hong Kong Society of Nephrology and Hong Kong Association of Renal Nurses jointly organized the World Kidney Day 2021 at Hong Kong. A wide range of events were held in Hong Kong.

Webinar

- a webinar on World Kidney Day @ Hong Kong Webinar was held via Zoom and Facebook on 7 March 2021
- Dr. SF Lui and Dr. Philip Li were speakers for the International ISN & IFKF-WKA webinar on World Kidney Day on 11 March 2021.

Newspaper

- a full page special article on 4 newspapers on 11 March 2021

Mass Transit Railway (MTR)

- 346 Community posters on display sponsored by MTR (7 to 13 March 2021)
- A 30 seconds video clip – March 29 2021 for 5 days (spot telecast in 107 units of Digital Motion at 27 key stations and 33 units of concourse)
- 300 large trackside advertising lightbox panel sponsored by MRT (26 March – 16 April 2021)

Radio programs

- Metro 8 March 2021 (Dr. SF Lui)
- RTHK 12 March 2021 (Dr. Cheng Yuk Lun), 19 March 2021 (Dr. SF Lui)





第十六屆世界腎臟日在香港



<https://www.facebook.com/hkkf1979>

2021年3月7日星期日
早上十一時至十二時十五分
在線網絡研討會及活動



<https://cutt.ly/dliiQAT>

積極面對腎病 復康豐盛人生

積極參與 攜手同行 勉力自強

主題講座、病人問卷調查報告、病人及醫護分享

主禮嘉賓

食物及衛生局局長陳肇始教授 JP

衛生署署長陳漢儀醫生 JP

醫院管理局行政總裁高拔陸醫生

嘉賓

香港腎臟基金會會長梁智鴻醫生 GBM GBS JP

香港腎臟基金會贊助人余宇康教授 SBS

世界腎臟日國際指導委員會聯席召集人李錦滔教授

醫院管理局聯網服務總監楊詠岡醫生

醫院管理局中央腎科委員會主席麥肇嘉醫生

腎友聯副主席許麗華女士

主辦單位

香港腎臟基金會主席及國際腎臟基金會聯會世界腎臟聯盟會長雷兆輝醫生 BBS MH JP

香港腎科學會主席鄭玉麟醫生

香港腎科護士學會主席李淑恒顧問護師

主辦單位: 香港腎臟基金會、香港腎科學會、香港腎科護士學會

合作夥伴: 腎友聯

支持夥伴: (I) 香港安斯泰來製藥有限公司、阿斯利康香港有限公司、德國賽靈家般格翰(香港)有限公司、貴森尤斯醫藥香港有限公司、協和麒麟香港有限公司、瑞士諾華製藥(香港)有限公司、輝致香港、賽諾菲香港有限公司

(II) 百特醫療用品有限公司、貴森尤斯卡比香港有限公司、香港大康製藥有限公司



主禮嘉賓致辭 食物及衛生局局長陳肇始教授 JP



主禮嘉賓致辭 衛生署署長陳漢儀醫生 JP



主禮嘉賓致辭 醫院管理局行政總裁高拔陸醫生



MC



Welcome by organisers



Panel discussion



Patient's story



Discussion by guest panel





<https://youtu.be/yw0oWFvxgm8>

Radio programs on World Kidney Day

Dr SF Lui on Radio program
"Living happily"



Dr SF Lui

9 March 2021

<https://www.facebook.com/2268535053209515/posts/3980785365317800/>



[香港腎科學會系列]



主題：腎病風險你要知

嘉賓：鄭玉麟醫生(香港腎科學會主席)

12 March 2021

<https://www.rthk.hk/.../episode/737437/autoplay/archiv>

e/2



主題：面對腎病，豐盛人生

嘉賓：雷兆輝醫生(香港腎臟基金會主席、國際腎臟基金會聯會世界腎臟聯盟會長)

19 March 2021

<https://www.rthk.hk/radio/1/programme/healthpedia/episode/738653/autoplay/archiv>

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主支持夥伴

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阿斯利康香港有限公司

德國寶靈家殷格翰(香港)有限公司

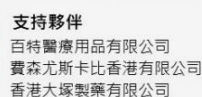
費森尤斯醫藥香港有限公司

協和麒麟香港有限公司

瑞士諾華製藥(香港)有限公司

輝致香港

賽諾菲香港有限公司



支持夥伴

百特醫療用品有限公司

費森尤斯卡比香港有限公司

香港大塚製藥有限公司

Full page special article was placed on 4 newspaper



第16屆世界腎臟日在香港



范德華醫生
大埔醫院腎科專科醫生
維護健康腎臟
享受身心安康

葉麗英醫生
葵青醫院腎科專科醫生
扶康勵志
護腎同心

陳漢儀醫生
葵青醫院腎科專科醫生
培元養志
行健復康

范德華醫生
大埔醫院腎科專科醫生
攜手護腎
積極建新生

高拔陽醫生
葵青醫院腎科專科醫生
健腎同行
愛澤一生

劉國治醫生
葵青醫院腎科專科醫生
愛自己健康
愛家人護腎

余宇康教授
葵青醫院腎科專科醫生
預防腎病
早察覺 勿輕視
治癒腎病
重復康 得復盛

Professor Vivekanand Jha
葵青醫院腎科專科醫生
助己腎康
生活安康

雷光耀醫生
葵青醫院腎科專科醫生
全球關注腎病
積極預防
腎友積極參與
努力自強

李錦廷教授
葵青醫院腎科專科醫生
全球共享健康腎臟
國際同推健康人生

由香港腎臟基金會、香港腎科學會、香港腎科護理學會主辦，腎友聯誼會合辦的「第十六屆世界腎臟日在香港」籌備活動，已於2021年3月7日（星期日）假葵青沙田信德體育館舉行。活動以「積極面對腎病 復康豐盛人生」為主題，旨在提高公眾對腎臟健康的關注，並為腎病患者提供一個交流的平台。活動內容豐富，包括講座、展覽、遊戲等，吸引了眾多市民參加。此外，活動還得到了社會各界的支持和贊助，為腎病患者提供了更多的幫助和關懷。

您的腎臟健康嗎？

您有患腎臟疾病的風險嗎？
您是否有**糖尿病、高血壓**，已往腎病史，家族腎病史？
如果是，您可能屬於**腎臟疾病的高危人群之一**

腎臟疾病的**早期可能沒有任何明顯的症狀**
儘早發現，及早治療，促進全民腎臟健康。
香港**每年約有1400名病人**患上**末期腎衰竭**，
需要**透析治療以維持生命**。
腎病患者有**生理症狀**，也有**心理影響**，
並**影響他們的日常生活**。

腎病可引致末期腎衰竭

每10個人有1人患有不同程度腎臟疾病

2021年世界腎臟日的主題

積極面對腎病 復康豐盛人生

1 腎病給予患者巨大的挑戰

作為一個末期腎臟病人，腎病對生活造成的影響是顯而易見的。由於腎臟功能的喪失，病人會面臨一系列的健康問題，如高血壓、糖尿病、貧血等。此外，腎病患者還需要接受透析治療，這不僅對身體造成負擔，還可能影響到工作、學習和社交生活。因此，腎病患者需要面對巨大的挑戰，並尋求積極的治療和護理。

2 了解什麼困擾著患者 什麼對他們而言很重要

為了了解腎病患者面臨的挑戰和他們的需求，我們進行了一項調查。調查發現，腎病患者最關心的問題包括：身體健康、心理狀態、生活質量、經濟負擔等。此外，他們還希望能夠獲得更多的醫療知識、心理支持和社會資源。這些發現將有助於我們更好地服務腎病患者，提高他們的生活質量。

3 積極面對腎病 復康豐盛人生

建議採取的措施

- (1) 與專業人士合作，制定治療計劃，並定期進行檢查。
- (2) 加強自我健康管理，包括飲食、運動、藥物使用等。
- (3) 尋求心理支持，與家人、朋友或專業人士交流。
- (4) 參與社區活動，與病友交流經驗，互相支持。

腎病患者可以通過積極的治療和護理，改善生活質量，實現復康目標。我們鼓勵腎病患者積極面對疾病，並尋求專業人士的幫助和支持。

4 腎病患者的心聲

腎病患者的心聲是我們在制定政策和服務時的重要參考。通過調查，我們了解到腎病患者在治療、生活、心理等方面面臨的困難和挑戰。這些心聲將幫助我們更好地理解和服務腎病患者，為他們提供更有針對性的支持和幫助。

5 哪些事項令你的生活過得好？

事項	百分比
良好健康	61%
經濟穩定	47%
家庭和諧	47%
工作穩定	41%
生活質量	36%
社會地位	31%

6 你可以做些什麼使你的生活過得好些？

事項	百分比
良好健康	67%
經濟穩定	65%
家庭和諧	50%
工作穩定	46%
生活質量	44%
社會地位	43%
良好健康	37%
經濟穩定	37%
家庭和諧	24%
工作穩定	24%
生活質量	13%
社會地位	13%

我們關懷腎病患者

更好的照顧與腎病患者同行
優化治療及促進患者的康復
積極參與 攜手同行 努力自強




 2021年3月11日
 積極面對腎病，
 復康豐盛人生

積極面對腎病，復康豐盛人生
如何生活得更好？

香港腎臟基金會、香港腎科學會、香港腎科護士學會
聯合舉辦

病人問卷調查

- 現時你的生活過得好嗎？
- 那些事項令你的生活過得不好？
- 你可以做些什麼事令你的生活過得好些？

醫護人員/家人如何可以在醫療項目、生活或其他方面協助你？

問卷可協助你進行自我評估和反思。
我們想知道您的狀況，可能困擾您的事情
以及我們能為您做些什麼？

2021年1月11日至2021年2月11日
請花5分鐘時間填寫在線問卷。
(不記名的、請只填寫一次)

請開啟手機或平板電腦的相機功能，
對準QR碼掃描，即可馬上進行問卷作答，
或用這連結 <https://cutt.ly/Ojtelqa>

A patient survey for an organisation/renal unit to find out

- How patient are doing on "Living well with the kidney disease"?
- What issues are troubling, worrying or preventing them from living well?
- What matters to them most?
- What may they wish others (family members, healthcare professionals & system) could do for them or options that they would like to have to live well?
- What can they do for themselves to live well?

19


 March 11, 2021
 2 sessions: 11 am CET | 10 pm CET

Webinar


 ISN & IFKF-WKA Webinar:
 World Kidney Day 2021:
 Living well with
 kidney disease

Vivekanand Jha
 CEO President,
 The George Institute for Global Health,
 India

Siu-Fai Lui
 President, IFKF - World Kidney Alliance
 Adjunct Professor,
 JCS School of Public Health and Primary Care,
 The Chinese University of Hong Kong,
 Hong Kong, China

Allison Tong
 Principal Research Fellow,
 Sydney School of Public Health,
 The University of Sydney, Australia

Kamyar Kalantar-Zadeh
 Co-Chair, IFKF Steering Committee
 Chief, Division of Nephrology,
 Hematology and Kidney Transplantation,
 Twente Professor of Medicine, Pediatrics,
 Public Health and Nursing Sciences,
 University of California, Irvine, USA

Philip Li
 Co-Chair, IFKF Steering Committee
 Senior Consultant Physician and
 Honorary Professor of Dept. of Medicine
 and Therapeutics, Prince of Wales Hospital,
 Chinese University of Hong Kong, China

Tess Harris - Session 1
 President, IFKF International
 President, ICKID
 CEO, Polycystic Kidney Disease Charity,
 UK

Richard Knight - Session 2
 President,
 American Association of Kidney Patients,
 USA

Opening remarks

Prof Vivekanand Jha

Dr. Siu-Fai Lui

<https://youtu.be/zMJE4o-QWxw>


 11 March 2021
 LIVING WELL WITH KIDNEY DISEASE


Patient engagement:
 What matters to patients

Siu-Fai Lui BBS MH JP
 President, International Federation of Kidney Foundations
 World Kidney Alliance
 Co-Program Director, World Kidney Day Steering Committee
 Chairman, Hong Kong Kidney Foundation

<https://youtu.be/H1QZ0fx0anY>



 Continuous Ambulatory PD (CAPD)
 Hemodialysis (HD)
 Automated PD (APD)
 Home HD Center

Cartoons courtesy of Winnie Hui


 Actions
 Living well (Life participation)
 • Develop a patient education program
 • Conduct a patient assessment of the participant in clinical care
 • Address the participant's communication and social functioning
 • Engage in support as a peer to support living well for medicine/clinician
 • Ensure to establish ongoing care for the patient/clinician and call the participant as a


 Optimize Symptom Management
 Living Well with Kidney Disease
 Kam Kalantar-Zadeh, MD, MPH, PhD
 Chief, Division of Nephrology, Hematology and Kidney Transplantation,
 Twente Professor of Medicine, Pediatrics, Public Health and Nursing Sciences,
 University of California, Irvine, USA

<https://youtu.be/Jf2PL0ue7VE>


 LIVING WELL WITH KIDNEY DISEASE
 You learn, you grow, you thrive. You live. You live. You live.



Dr. Lui Siu Fai was the co-Program Director of the International Steering Committee of World Kidney Day and one of the Co-authors (with Professor Philip Li and Maggie Ng) of an editorial on World Kidney Day published in 60 scientific journals.

"Endless Love" [大愛恩人] Memorial Garden at Junk Bay Chinese Permanent Cemetery.

HKKF is the main organiser of the Hong Kong Organ Donation Action Group. In July 2017, the Action group and the Board of Management of the Chinese Permanent Cemeteries (BMCPCC) launched the "Endless Love" [大愛恩人] Memorial Garden at Junk Bay Chinese Permanent Cemetery to honour the organ donors. The family can scatter the ashes of the donor in the Garden. HKKF set up a memorial plaque for each of the donors. The group pays respect to the organ donors twice a year at the Spring and Autumn memorial gathering.

On March 2020, BMCPCC increased the capacity for the memorial plaques from 288 donors to 468 donors. Currently, we have honoured 48 donors at the site.

華人永遠墳場管理委員會
與香港腎臟基金會合辦
遺體器官捐贈者
撒放骨灰及紀念牌匾計劃

大愛的精神
永恆的奉獻
末期器官衰竭病人的恩人

「大愛恩人」

為推廣簡約及環保的安葬方式，以及宣揚正面的遺體器官捐贈，華人永遠墳場管理委員會（華永會）與香港腎臟基金會合作，於2017年7月1日推出遺體器官捐贈者「大愛恩人」計劃。華永會於將軍澳華人永遠墳場內的將軍澳紀念花園B3區設立「大愛恩人」撒放骨灰道及紀念牆壁。紀念牆上可以豎立360塊牌匾，用作紀念遺體器官捐贈者。遺體器官捐贈者親屬可選擇將捐贈者的骨灰撒放於紀念花園，並由香港腎臟基金會為「大愛恩人」豎立個人紀念牌匾，表揚他們為末期器官衰竭患者和社會作出的貢獻。每年春秋期間會在現場舉行紀念儀式。

計劃旨在向遺體器官捐贈者致以崇高的敬意，在辭世後捐出器官，成為「大愛恩人」，讓末期器官衰竭等待移植的患者有新的生命。

重獲新生有賴你
捐贈器官愛心傳

縱使離開 燃點生命與希望

無言之恩
愛將永存

「大愛恩人」政策、程序

參與「大愛恩人」的條件

如果符合「大愛恩人」申請條件，捐體器官捐贈者的親屬可選擇參與計劃。

條件：

- (1) 遺體器官捐贈者必須為在香港永久居住並有華人血統的人或其配偶或子女（包括華人永久居民或僑民）。
- (2) 親屬同意在辭世後捐出器官。

「捐體器官」

- (3) 家屬同意在將軍澳華人永遠墳場內的將軍澳紀念花園撒放捐贈者的骨灰。

「器官包括心臟、肝、肺和腎（包括任何器官）」

「大愛恩人」是由香港器官移植行動小組推行，並由香港腎臟基金會執行。

參與「大愛恩人」的程序

捐體者去世後，家人可直接聯絡香港腎臟基金會（在工作日工作時間致電2716 5773）。

香港腎臟基金會的工作人員會與捐體者親屬聯絡，安排捐體者捐出器官，將會安排禮儀成人。

- (1) 取得有關捐體者捐出器官的資料（家屬也可以選擇安排總辦自行決定紀念牌匾）。
- (2) 發出有關捐體者捐出器官的資料，包括捐體者及家屬的紀念牌匾的日期。

紀念花園的視頻

<http://bit.ly/HKKF1707>

查詢電話：

2716 5773

信息網站：

www.hkkf.org.hk



「大愛恩人」 網上秋祭

2020年10月26日 11-12時

大愛的精神 永恆的奉獻
末期器官衰竭病人的恩人
向器官捐贈者致以崇高的敬意



「大愛恩人」網上秋祭
2020年10月26日 11時
參與者96人

食物及衛生福利局
陳肇始教授局長



醫院管理局行政總裁
高拔陞醫生



華永會行政總監
麥鉅然先生



各單位代表親往 「大愛恩人」紀念花園 致祭錄影

<https://youtu.be/MvUh7hngv64>



獻給你！

永遠懷念捐贈者大愛
祝願捐贈者家人安康

腎友聯誼會 謹啟
香港移植運動協會
黃炎華
香港聯友合共敬上

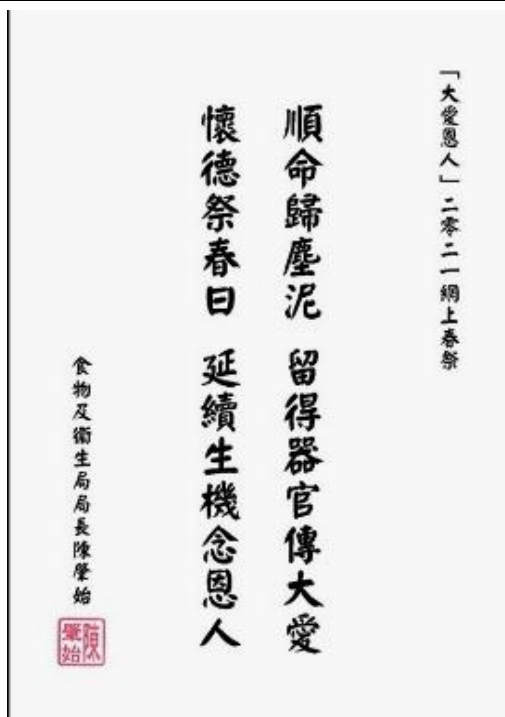
深深感謝

香港器官捐贈行動組
曾兆輝醫生
香港移植學會
周敏明醫生
香港腎科學會
鄭志輝醫生
香港腎臟基金會
周嘉敏醫生
香港腎科護士學會
朱慧玲姑娘

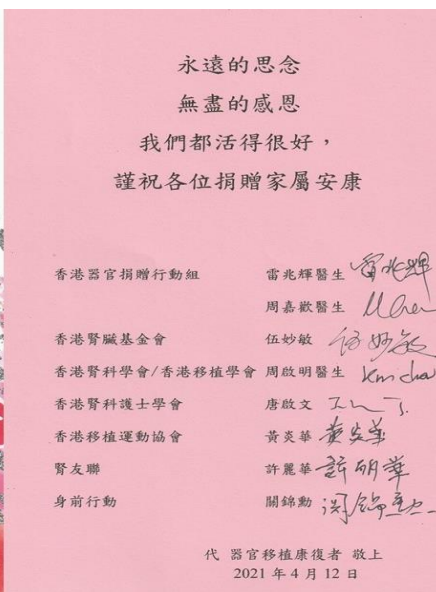


「大愛恩人」 2021年4月18日 網上春祭

大愛的精神 永恆的奉獻
末期器官衰竭病人的恩人
向器官捐贈者致以崇高的敬意



各單位代表親往「大愛恩人」紀念花園 致祭錄影



PATIENT ACTIVITIES

Picnic in 2020 was suspended owing to the unsettled situation in Hong Kong.

AFFILIATION OF INTERNATIONAL FEDERATION OF KIDNEY FOUNDATIONS

Dr. Lui Siu-Fai is President of the International Federation of Kidney Foundation-World Kidney Alliance (IFKF-WKA) and the Project Director (IFKF-WKA representative) for the World Kidney Day Steering Committee.

FUND-RAISING

Every year, HKKF needs to raise a substantial amount of fund to support the charitable programs:

- to procure around 50 APD machines to meet the demand (amounting to \$4.2m)
- to support the in-centre haemodialysis program (amounting to \$2m)
- to support the home nocturnal haemodialysis (amounting to \$2m).

A total of \$8.6M was raised during the year of 2020.

ACKNOWLEDGEMENT

Donation for the NHHD Program

- Li Ka Shing Foundation

Donations for the APD program

- Well Wealth Investment Limited
- Lo Yuet Ming
- Chee Sing Chung
- Dr. Chau Ka Foon JP
- Baxter Healthcare (APD machines for the APD programs)

Donations for Co-Fund Co-Use APD Program

- Baxter Healthcare for the APD machines for the Co-Fund Co-Use program

Donation for the Charity Drug program

- Astella Pharma Hong Kong Company Limited donated a sum of \$400,000- to support the anti-rejection drug (Prograf VI) program in 2021.

Donation for the 2021 Charity Tea Sales

- Mr. Arthur, Shek Kang Chuen
- Kyowa Kirin Hong Kong Co. Limited
- Otsuka Pharmaceutical (HK) Limited
- Man Kwan Hong
- 林富華先生
- Baxter Healthcare Limited
- Kong Yiu Man Charitable Foundation Limited
- Wong Tsu Pao Foundation Limited
- Dr. Yiu Sing Nam
- Billion Rainbow Limited (Principal Lam)
- Ng Chun Wing / Ng Miu Man Maggie
- Fresenius Medical Care Hong Kong Limited
- 李苑蓮 (大覺福行中心)
- Ms. Ho Hau Sim Eva
- HKARN & Ms. Windy Lee Shuk Hang
- Mr. Cheng Wai Po Samuel

General Donation

- Ms. Cheung Mee Chu Millie
 - Mr. Ting Chi Wai, Roy
-